

# Mikkeller: Includes 25 Original Mikkeller Brewing Recipes



**TERMINOLOGY**  
 OG: Original Gravity (original volume)  
 BG: Boil Gravity (boil volume)  
 FG: Final Gravity (post-boil volume)

**MIKKEL'S NOTES**

In this process, the natural enzymes in the malt are released and convert starch to sugar.

The sugar content of the wort is absolutely essential for the final result as it is the sugar that is converted to alcohol during fermentation. A few beer styles require you to vary the mashing temperature during the process, but the simplest practical advice is to mash at the same temperature throughout.

The mashing temperature should be 64-70°C/147-158°F (precisely stated in the recipe) as this temperature range gives the enzymes in the malt the optimum working conditions. At a high temperature, you are moving towards a beer with more body and fullness, whereas a low temperature gives a cleaner, simpler beer. At an excessively low mashing temperature, the enzymes become lazy, whereas too high a temperature makes them inactive. It is obviously therefore important to regularly check the temperature with your thermometer during mashing.



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